

## What to Bring for Your Field School Program

It is important to remember that this is an outdoor program that requires students to be dressed for the weather. Depending on the season that your program takes place in, the weather may vary from warm and sunny, to cloudy and rainy; either way students need to be prepared. Below is a suggested list of items to bring for your program to ensure that you are comfortable and can fully enjoy the wonder of learning in the outdoors! Please remember that it is always best to bring older clothing or equipment that you may already have at home.

### Sleeping Gear

- Sleeping bag (extra blanket if bag is light weight)
- Pillow and case

### Clothing

- Shirts (3 or 4)
- Jeans/heavy pants (2 or 3)
- Shorts (2 or 3)
- Hat
- Rain Boots
- Warm Jacket
- Sweater
- Socks (6 or 7)
- Pyjamas
- Mitts or gloves
- Heavy wool socks
- Rain jacket

### Personal Kit

- Towel and wash cloth
- Hairbrush
- Toothbrush and toothpaste
- Shampoo and conditioner
- Water Bottle
- Soap and container
- Flashlight
- Sunscreen
- Camera

\*\* Remember to ask yourself, will I be warm and dry?

### Please do not bring:

Money, knives, cell phones, music machines, other electronic devices, expensive items and candy, gum or food. It has been our experience that these items get in the way of the outdoor educational experience.