

Field School Packing List

Here is a checklist of suggested items to pack – please adjust based on season/temperature. Remember that this is an outdoor program and students must be dressed and prepared for changing weather. It is best to bring older clothing or equipment you already have or can borrow. Each participant must be able to carry their own bag.

Overnight Field School

<p>Sleeping Gear</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sleeping Bag – <i>note: cabins are heated</i> <input type="checkbox"/> Pillow and case <p>Personal Kit</p> <ul style="list-style-type: none"> <input type="checkbox"/> Towel and wash cloth <input type="checkbox"/> Hairbrush <input type="checkbox"/> Toothbrush and toothpaste <input type="checkbox"/> Shampoo/conditioner <input type="checkbox"/> Soap & container <input type="checkbox"/> Water Bottle <input type="checkbox"/> Flashlight <input type="checkbox"/> Sunscreen <input type="checkbox"/> Day Pack <input type="checkbox"/> Personal comfort items (stuffies, etc.) 	<p>Clothing</p> <ul style="list-style-type: none"> <input type="checkbox"/> Shirts (3 or 4) <input type="checkbox"/> Sweater/fleece <input type="checkbox"/> Shorts <input type="checkbox"/> Warm pants (2 pairs) <input type="checkbox"/> Hat <input type="checkbox"/> Toque <input type="checkbox"/> Mitts <input type="checkbox"/> Sturdy walking shoes <input type="checkbox"/> Indoor shoes <input type="checkbox"/> Socks and underwear (1/day + extra) <input type="checkbox"/> Pyjamas <input type="checkbox"/> Insulated jacket <input type="checkbox"/> Rain boots <input type="checkbox"/> Waterproof raingear (jacket & pants)
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One Day Field School

<ul style="list-style-type: none"> <input type="checkbox"/> Warm layers <input type="checkbox"/> Rain jacket <input type="checkbox"/> Reusable water bottle <input type="checkbox"/> Medications (if required) <input type="checkbox"/> Day bag to carry items <input type="checkbox"/> Sturdy, closed toed footwear <p><i>*Rain boots recommended for wet conditions</i></p>	<p><i>Winter Programs</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Toque & gloves/mitts <input type="checkbox"/> Insulated jacket & pants <input type="checkbox"/> Insulated snow boots <p><i>Summer/Warm Weather Programs</i></p> <ul style="list-style-type: none"> <input type="checkbox"/> Sunscreen <input type="checkbox"/> Hat & sunglasses
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Our programs run Rain or Shine!
Remember to ask yourself, will I be warm and dry?



Please do not bring:

Cell phones, other electronic devices, money, knives,
expensive items, food, any items containing **NUTS**

Thank you!